



**MEMORY
CAFÉ[®]
BRASIL**

VALORIZANDO MEMÓRIAS E PROMOVEDO A INCLUSÃO

Memory Café Brasil

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Schedule of upcoming meetings by Memory Café Brasil Connect

Meeting - Memory Café Brasil Connect: 06/13/2020 - Theme: Memory: protagonist of life

Location: online via Webex platform

Time: 10:30 am

Participation fee: free

The meeting will be divided into three moments:

First: Promotion of social interaction (icebreaker activity with mnemonic strategies).

Second Moment: Cognitive stimulation - Long-term memory.

Third Moment: Finalization and dissemination of the next meeting (provide the next meeting place as well as the date of the event).

Necessary material: E-mail, Webex platform, electronic equipment, internet.

Note: Links to access the platform will be sent in advance through the contacts existing in the participant's registration protocol. Other instructions and guidelines will be carried out after confirmation of registration.

Meeting - Memory Café Brasil Connect: July 22, 2020 - Theme: Power of Habit

Place: online via Webex platform

Time: 10:30 am

Participation fee: free

The meeting will be divided into three moments:

First: Promotion of social interaction (icebreaker activity with mnemonic strategies).

Second Moment: Cognitive Stimulation - Logical sequence, focused on activities of daily living.

Third Moment: Finalization and dissemination of the next meeting (provide the next meeting place as well as the date of the event). Necessary material: E-mail, Webex platform, electronic equipment, internet.

Note: Links to access the platform will be sent in advance through the contacts existing in the participant's registration protocol. Other instructions and guidelines will be carried out after confirmation of registration.



Meeting - Memory Café Brasil Connect: 18 July 2020 - Theme: See, listen and concentrate.

Place: online via Webex platform

Time: 10:30 am

Participation fee: free

The meeting will be divided into three moments:

First: Promotion of social interaction (icebreaker activity with mnemonic strategies).

Second Moment: Cognitive Stimulation - Attention (selective - alternating - sustained - concentrated).

Third Moment: Finalization and dissemination of the next meeting (provide the next meeting place as well as the date of the event). Necessary material: E-mail, Webex platform, electronic equipment, internet.

Note: Links to access the platform will be sent in advance through the contacts existing in the participant's registration protocol. Other instructions and guidelines will be carried out after confirmation of registration.

Meeting - Memory Café Brasil Connect: August 8, 2020 - Theme: Maps of life.

Place: online via Webex platform

Time: 10:30 am

Participation fee: free

The meeting will be divided into three moments:

First: Promotion of social interaction (icebreaker activity with mnemonic strategies). Second Moment: Cognitive Stimulation - Temporal and spatial orientation.

Third Moment: Finalization and dissemination of the next meeting (provide the next meeting place as well as the date of the event).

Necessary material: E-mail, Webex platform, electronic equipment, internet.

Note: Links to access the platform will be sent in advance through the contacts existing in the participant's registration protocol. Other instructions and guidelines will be carried out after confirmation of registration.



Meeting - Memory Café Brasil Connect: August 29, 2020 - Theme: Episodes from my story.

Place: online via Webex platform

Time: 10:30 am

Participation fee: free

The meeting will be divided into three moments:

First: Promotion of social interaction (icebreaker activity with mnemonic strategies).

Second Moment: Cognitive Stimulation - Episodic memory.

Third Moment: Finalization and dissemination of the next meeting (provide the next meeting place as well as the date of the event).

Necessary material: E-mail, Webex platform, electronic equipment, internet.

Note: Links to access the platform will be sent in advance through the contacts existing in the participant's registration protocol. Other instructions and guidelines will be carried out after confirmation of registration.

Meeting - Memory Café Brasil Connect: September 12, 2020 - Theme: Inspiring stories!

Place: online via Webex platform

Time: 10:30 am

Participation fee: free

The meeting will be divided into three moments:

First: Promotion of social interaction (icebreaker activity with mnemonic strategies).

Second Moment: Cognitive Stimulation - Episodic memory.

Third Moment: Finalization and dissemination of the next meeting (provide the next meeting place as well as the date of the event).

Necessary material: E-mail, Webex platform, electronic equipment, internet.

Note: Links to access the platform will be sent in advance through the contacts existing in the participant's registration protocol. Other instructions and guidelines will be carried out after confirmation of registration.